

# PARTY SAFE PROGRAM



**This program encourages and empowers students to make positive choices within various party environments (particularly Schoolies/Leavers celebrations).**

## **PREPARING STUDENTS FOR SAFE CELEBRATIONS IN ANY PARTY ENVIRONMENT.**

Our Party Safe program leaves students aware of and equipped to navigate many of the situations they may be confronted with in various party environments, such as after parties and music festivals. This hands-on program helps students identify the dangers present in party situations and equips them with strategies to protect themselves and others. Using stories from our experience as first responders at party events like Schoolies Week, we'll challenge prevalent mainstream perceptions on excessive alcohol consumption and recreational drug use, and empower students to be socially responsible in instances such as peer pressure and consent.

## **TOPICS INCLUDE:**

- Alcohol, drugs & the Australian drinking culture
- Violence, sexual assault & criminal convictions
- Mental health including depression, anxiety & suicide ideation
- Managing peer pressure
- Safe partying tips & how to host a safe party
- Practical activities to engage students and reinforce messages

## **PROGRAM DETAILS:**

Audience: Year 7-12 students (we recommend for Yrs 9/10)

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Running time: 1 hr  
To get the most out of this program we recommend at least 1 hr.

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Interactive format using videos, activities and targeted questions.

To make a booking or quote enquiry email [education@redfrogs.com.au](mailto:education@redfrogs.com.au)